

## NUTRITION Recommended Course Sequence 2020-2021 Catalog

Cedar Crest College's Four-Year Graduation (4YG) Guarantee is open to all academically qualified candidates enrolled full-time in a 4-year bachelor's degree program, with the exception of Nuclear Medicine Technology. It does not apply to dual degree, fifth-year, or graduate programs. Provided students comply with all of the conditions of the program, Cedar Crest College will guarantee graduation within four years. The guarantee extends to one major only. While many students add additional majors and minors and finish within four years, Cedar Crest will not be able to provide four year guarantee in those cases.

Conditions	
By signing below,	is enrolled in the 4YG program for the Nutrition major under the 2020-
2021 catalog requirements and agrees to	<del></del>

- assume ultimate responsibility for monitoring academic progress and the completion of all academic requirements;
- enroll at Cedar Crest for four continuous academic years;
- remain in good academic standing;
- complete an average of 30 new credits in each academic year. Courses must be selected in consultation with her academic advisor and 4YG coordinator and must apply to the recommended course sequence on page 2;
- maintain the GPA requirements of the Nutrition major and Liberal Arts Curriculum;
- meet regularly with her assigned academic advisor and 4YG coordinator following the schedule outlined below;
- resolve all outstanding holds that would prevent registration prior to the start of registration for each semester;
- register for classes each semester on the date appropriate for class standing as set forth by the Registrar;
- be responsive to communication from Cedar Crest College, including advisors and the 4YG coordinator;
- officially declare a Nutrition major at the midterm of the sophomore year. Note: If a change of major is requested after midterm of the sophomore year, the ability to sign a new 4YG contract is not guaranteed.
- complete the following and all other Nutrition major requirements:
  - You must complete the following courses with a grade of C- or better: CHE 111, CHE 112, CHE 203, BIO 117, & BIO 127, and a grade of B or better in NTR 120 and NTR 130. Students must receive a midterm grade of C- or better in: BIO 118, CHEM 217 and a grade of B or better in NTR 210. (For those not pursuing a verification statement, a grade of C or better is accepted for all NTR courses).
  - You must complete the following courses with a grade of C or better: MAT 110, SOC 100, PSY 100.
  - You must earn a grade of B or better in all DPD NTR courses (For those not pursuing a Verification statement, a grade of C or better is accepted).
  - o Maintain a minimum 3.0 cumulative and DPD GPA for the verification statement track (a cumulative GPA of 2.5 is accepted for the non-verification statement track).
  - Receive clearances on all Child abuse, Criminal Background, Report of Health Evaluation and Medical History, Immunization and Titers, Proof of Health Insurance, Professional Liability Insurance, and Drug/Alcohol Screen.
     Clearances are mandatory and must be completed before August 15 prior to the start of the Senior Fall Semester (NTR 327 & NTR 330). (For those not pursuing a verification statement, field experiences are optional)
  - Abide by all other departmental policies and successfully meet all other graduation requirements.

The 4YG does not guarantee that courses will be offered at a particular time or on particular days, nor can it assure graduation in four years if accreditation agencies require immediate curricular changes. This agreement pertains only to the catalog specified; if major requirements change and the student elects to follow the newer requirements, this contract is void. Students wishing to complete the NTR DPD program and earn a verification statement must successfully complete all required courses that fulfill the Standards mandated by the Accreditation Council for Education in Nutrition and Dietetics (ACEND). These standards and course requirements are subject to change. Students considering entrance to the profession of dietetics as a registered dietitian nutritionist, must meet regularly with the program director to aware of any changes to these requirements. If a student meets all of the degree/program requirements but cannot graduate in four years because a course or courses are not available, the student will meet with her advisor as soon as the problem is discovered to discuss options for completion. These options could include a course substitution, an independent study, or permission to enroll in the course in a subsequent semester at no tuition cost to the student.

## Required Meeting Schedule:

	Semester 1	Semester 2	Semester 3	Semester 4
Beginning of Semester	Advisor 4YG Coordinator	Advisor 4YG Coordinator	Advisor AYG Coordinator	Advisor 4YG Coordinator
Prior to registration	Advisor 4YG Coordinator	Advisor 4YG Coordinator	Advisor 4YG Coordinator	Advisor 4YG Coordinator
	Semester 5	Semester 6	Semester 7	Semester 8
Beginning of Semester Prior to registration	Advisor 4YG Coordinator Advisor 4YG Coordinator			
agree to the stipula	tions set forth in this agre	ement.		
Student Signature		Date	ID Number	Entry Term
Advisor Signature	 Date		4YG Coordinator Signature	Date



FALL 2020 SPRING 2021							
Course	Cr	Title	<b>✓</b>	Course	Cr	Title	$\checkmark$
CHE 111	4	Chemical Principles (with lab)		CHE 112	3	Chemical Equilibrium and Analysis	
MAT 107	3	Mathematics for Health Care Professionals		BIO 127	4	Clinical Microbiology (with lab)	
PSY 100	3	General Psychology		SOC 100	3	Introduction to Culture and Society	
FYS	3	First Year Seminar		WRI 100	3	College Writing	
CCC 101	0.5	College Life		CCC 102	0.5	Exploring Your Future	

FALL 202	21			SPRIN	G 2022		
Course	Cr	Title	$\checkmark$	Course	Cr	Title	<b>✓</b>
BIO 117	4	Anatomy and Physiology I (with lab)		BIO 11	8 4	Anatomy and Physiology II (with lab)	
CHE 203	4	Survey of Organic Chemistry (with lab)		CHE 21	7 3	Nutritional Biochemistry	
MAT 110	3	Probability and Statistics		NTR 21	.0 3	Principles of Human Nutrition	
NTR 130	3	Food and Culture		CCC 20	2 3	Sophomore Expedition	
NTR 120	3	Foundations of Dietetics			. 3	Humanities LAC course	

FALL 202	22				<b>SPRING 20</b>	23		
Course	Cr	Title	<b>V</b>		Course	Cr	Title	$\checkmark$
NTR 213	1	Introduction to Evidence Analysis			NTR 212	3	Lifecycle Nutrition	
NTR 220	4	Principles of Food (lecture and lab)			NTR 215	1	Nutrition Assessment	
NTR 300	3	Advanced Nutrition and Metabolism I		1 [	NTR 305	3	Advanced Nutrition and Metabolism II	
NTR 301	3	Management in Dietetics		1 [	NTR 321	3	Experimental Foods	
	3	Art LAC course		1 [	NTR 320	1	Experimental Foods Lab	
	3	elective***		1 [		3	Art LAC course	
				1 [		3	Humanities LAC course	

FALL 202	23			SPRING 20	24		
Course	Cr	Title	<b>✓</b>	Course	Cr	Title	✓
NTR 217	3	Nutrition Education in the Community		NTR 328	3	Medical Nutrition Therapy II	
NTR 327	3	Medical Nutrition Therapy I		NTR 328	1	MNT II Clinical* or elective***	
NTR 327	1	MNT I Clinical* or elective***		NTR 341	3	Nutrition Counseling	
NTR 330	3	Food Systems Operation		NTR 350	3	Seminar in Nutrition Capstone	
NTR 330	1	Food Systems Field Experience*			3	elective***	
	3	elective***					

<sup>\*</sup> Clinical and Field experience required for verification statement track.

1. NTR 130, 217, 305, 321, 327, 328, 330, 341, and 350

Liberal Arts Curriculum (LAC) and College-Wide Requirements							
Natural Science (SCI): 7 cr. total, one must be a lab-based course	Writing (WRI1, WRI2): 2 courses, 6 cr. total						
1. BIO 117 2. BIO 118	1. WRI 100 2. NTR 321						
Arts (ART): 6 cr. total, one must be a 3 cr. course	Humanities (HUM): 2 courses, 6 cr. total						
1. 2.	1. 2.						
Mathematics & Logic (ML): 6 cr. total, one must be a MAT course	Social Science (SS): 2 courses, 6 cr. total						
1. MAT 107 2. MAT 110	1. PSY 100 2. SOC 100						
Ethics (ETH): 1 course, 3 cr.	Global Studies (GS): 1 course, 3 cr.						
1. NTR 341	1. NTR 130						
Technology:	Information Literacy:						
1. NTR 130, 217, 305, 321, 327, 328, 330, 341, and 350	1. NTR 130, 217, 305, 321, 327, 328, 330, 341, and 350						
Oral Presentation:							

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<sup>\*\*\*</sup> Electives must be included to ensure that the overall total number of credits reaches the 120 credits needed to complete a degree.